

# Stephen Ministry Overview

Immanuel Lutheran Church  
April 23, 2023

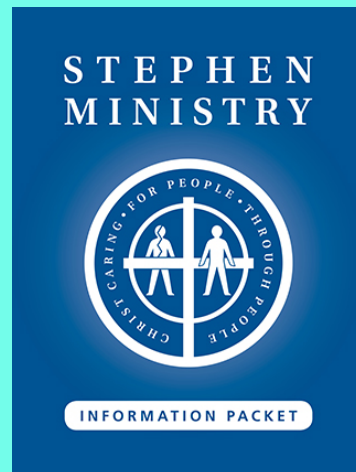
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## Outline

- Introduction
- What is Stephen Ministry?
- Needs for Care
- Benefits for Immanuel
- Meet Caregivers
- After People



## My journey into Stephen Ministry



## What is Stephen Ministry?

Stephen Ministry offers a proven, effective way to organize, equip and supervise a team of congregation members to provide confidential, high quality, one on one, Christ-centered care to hurting people. (male/male; female/female)



Galatians 6:2 - "Carry each other's burdens, and in this way you will fulfill the law of Christ."

Christ caring for people through people.

Stephen Ministers are the care givers but God is the cure giver.



## Training Topics (50 Weeks)

- Feelings
- Art of Listening
- Distinctively Christian Caring
- Process Approach to Care
- Relating Gently and Firmly
- Boundaries
- Crisis Theory and Practice
- Confidentiality
- Caregiving and Communications



## Training Topics (50 Weeks)

Using Mental Health Professionals/Referrals

Ministering to Those in Grief

Caring for Those with Depression

Understanding Suicide

Bringing the Relationship to a Close

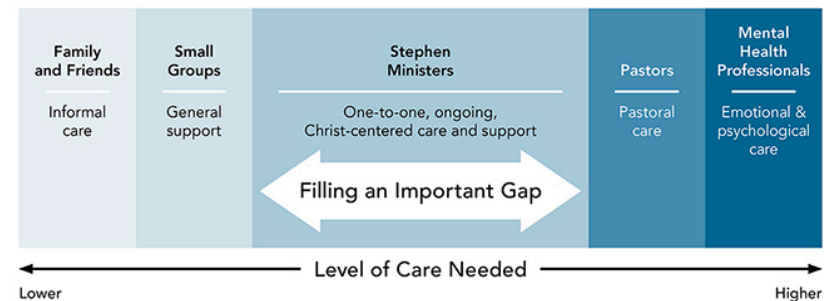
Supervision

How to Make a Caring Visit

Sending

## THE SPECTRUM OF CARE

This graphic shows how Stephen Ministry fills a unique and important niche among the types of care available in a congregation for people experiencing a life crisis.



## Getting Me Plugged into My Church

## I Can Tell Him Anything

### What Stephen Ministers ARE:

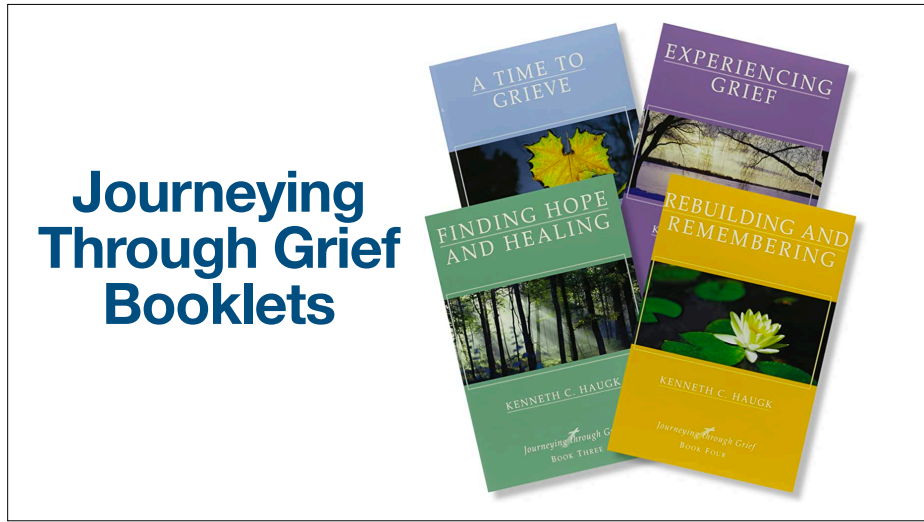
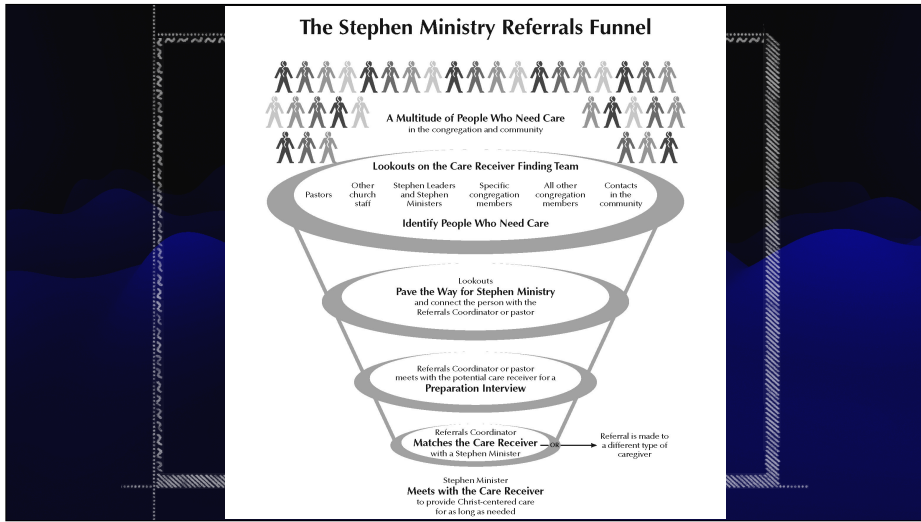
- **CONFIDENTIAL**
- **Accepting**
- **Caring**
- **Supportive**
- **Prayer partners**
- **Listeners**
- **Forgiving**
- **Present**



### What Stephen Ministers are NOT:

- **Counselors**
- **Therapists**
- **Mental Health Professionals**
- **Advice Givers**
- **Doers**





## Meet Immanuel's Stephen Ministry Team

**Stephen Ministers Care**

**Pastor Al**  
**Donna**  
**Deb**  
**Bonnie**  
**Larry**  
**Pam**  
**Lori**

## 3 Ways You Can Help:

1. Pray
2. Refer
3. Join

**STEPHEN MINISTRY**

## **Stephen Ministers: The “After People”**

Stephen Ministers are there to come alongside you and provide confidential comfort and support for as long AFTER as needed!

- after the phone call
- after the funeral
- after the divorce
- after the diagnosis
- after the last child leaves
- after the baby arrives
- after the pink slip

